

# SAFER AT HOME – DAY THIRTY



May 2, 2020

Thirty days. You'd think I'd be climbing the walls by now. And who knows...some of you may be...

In all honesty, this distancing we've been asked to do has been manageable for us. What does that meme say: you realize how anti-social you are when the world goes on lock down and you hardly notice.

Believe me, we've noticed. But we've also found ways to accommodate whatever it is we've had to do without.

Eating out: We used to frequent local restaurants once or twice a week; for date nights or just to avoid having to cook. So for the past thirty days, we've had our date nights at home and we've still managed to support our local eateries by ordering takeout and plating it ourselves at our dining room table.

Live entertainment: No theater, no concerts, no movie house experiences, that's true... but there has been more network and streaming entertainment made available than could ever be consumed in a thousand pandemics.

Family gatherings: This has been the toughest part. My mom (91) lives in an assisted living facility which has blocked visitation for over a month now. My mother-in-law (92) has been sheltering in place in her home with a full-time caregiver. We get by with daily calls, care packages. In some ways, we're more connected now than before and we take comfort in knowing that the lockdown, in a large part, was designed to protect them from this virus.

On the plus side, our house has received a thorough cleaning, we've been able to catch up on some reading, we're healthy and in a position to bounce back quickly once we receive the go-ahead from our health officials. I hope all of you have found your way of enduring this unusual time. Just remember, this too shall pass. Keep yourselves safe and know that while it may seem like you're going through this alone, we're all in this together.

*Michael Ondrasik and Home Video Studio Mount Dora specialize in the preservation of family memories through the digitalization of film, videotapes, audio recordings, photos, negatives, and slides. For more information, call 352-735-8550 or visit our [website](#).*