

They're Having A Bowl!



A few years back I was asked to sponsor a neighboring community's bowling league to help it get launched. Why not I figured? I always like to help out my fellow Floridians.

The league was launched in Oxford Fl, just outside of The Villages, the nation's premiere retirement community and was open to all residents of The Carriage House, which is an independent living facility and the current home of my own mother.

I paid a visit to see how the fledgling league was getting on and to my surprise, it has grown and flourished. Multiple teams, two lanes (plus a practice lane on another floor), some

teams even have cheerleaders rooting them on. Scores and stats are diligently kept. Granted, we're talking Wii Bowling but these octogenarians are eating it up. And they've gotten pretty darn good. And, a little prideful boast... last season, my mom's team came in first. They call her team the Studio Stars... thanks for the plug, mom.

It actually does good to see our older citizens enjoying an activity together, having fun despite the aches, pains and other difficulties that seem to increase with every year that passes. Really, isn't that what we should all wish for? To enjoy as much of this life as we can, spend time with people we like or love, and not let the frailties that may come with the passing of time steal all the pleasures we can derive from this life.

So bowl away seniors. Don't you let a pin remain standing. We're all rooting you on.

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