

What's Your Resolution?



What's your New Years' resolution?

The old year is quickly departing. Here comes 2018!

For whatever reason, people seem driven to resolve to make a change in their lives at the break of a new year. Most of the time, our New Years' resolutions are destined to fail within the first week or two.

If you really want to make a change in your life, the folks over at TED Talks have some pretty unique ideas that may have more of an impact on your life than the usual "lose weight, exercise more" resolutions we've all tried and failed at. Take a look:

<https://ideas.ted.com/9-creative-new-years-resolutions/>

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